

Event number: 1: 400M FREESTYLE WOMEN							Heat:2, starttime: 09:05	
Heat: 2/3 Lane : 5 Athlete: MICHIELS NORE							Q-time: 04:19:27	
PB (25m pool): 4:18.34 Sint-Amandsberg 18 Oct 2025							PB (50m pool): 4:23.22 SB:	
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		29.56		1:01.44		1:33.90		2:06.70
	29.56		31.88		32.46		32.80	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		2:39.98		3:13.49		3:46.85		4:18.34
	33.28		33.51		33.36		31.49	
								

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN										Heat:3, starttime: 09:35		
Heat: 3/6 Lane : 4 Athlete: VERLUYTEN LENI										Q-time: 00:31:23		
PB (25m pool): 30.90 Sint-Amandsberg 18 Oct 2025										PB (50m pool): 31.85 SB:		
	2 5 M		5 0 M									
PB			30.90									
	30.90											
												

Coach feedback:

Event number: 8: 200M BACKSTROKE MEN							Heat:3, starttime: 10:25	
Heat: 3/4 Lane : 7 Athlete: WAELPUT THOMAS							Q-time: 02:11:00	
PB (25m pool): 2:11.00 'T Rosco 12 Oct 2025							PB (50m pool): 2:18.33 SB:	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		31.05		1:04.66		1:38.08		2:11.00
	31.05		33.61		33.42		32.92	
								

Coach feedback:

OBC 25M 2025: Session: 1: COACH evaluation sheet for TEAM: TSZ

Event number: 11: 50M FREESTYLE WOMEN			Heat:5, starttime: 10:55
Heat: 5/7 Lane : 4 Athlete: MICHIELS NORE			Q-time: 00:25:91
PB (25m pool): 25.91 Gent 10 Nov 2024 PB (50m pool): 26.29 SB:			
	2 5 M	5 0 M	
PB		25.91	
	25.91		
			

Coach feedback: